

## Manastirjanka

(Serbia)

This dance is from the Vlach region of eastern Serbia.

Pronunciation: mah-nah-steer-YAHN-kah

Music: 2/4 meter *Serbian Folk Dance, Vol. 3, Track 1*

Formation: Open circle, belt hold or V-pos.

Steps & Styling:

<u>Meas</u>	<u>2/4 meter</u>	<u>Pattern</u>
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INTRODUCTION. No action. Begin with orchestra.

I. FIGURE I

- |      |  |
|------|--|
| 1    | Moving CCW, step R fwd (ct 1); hop on R (ct 2) |
| 2    | Repeat meas with opp ftwk.                     |
| 3-6  | Beg R, 8 running steps continuing CCW.         |
| 7    | Heavy step on R (ct 1); hold (ct 2).           |
| 8    | Stamp L twice (cts 1-2) with no weight.        |
| 9-16 | Repeat meas 1-8 moving CW with opp ftwk.       |

II. FIGURE II

- |     |   |
|-----|---|
| 1   | Facing ctr, step R to R (ct 1); close L to R (ct &); lean R (ct 2).               |
| 2   | Repeat meas 1 with opp ftwk and direction.  |
| 3   | Step R to R (ct 1); close L to R (ct &); step R to R (ct 2); close L to R (ct &). |
| 4   | Step R to R (ct 1); close L to R (ct &); lean R to R (ct 2); hold.                |
| 5-8 | Repeat meas 1-4 with opp ftwk and direction.                                      |

II. FIGURE II VARIATION

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|-----|---|
| 1-2 | Repeat Fig II, meas 1-2.  |
| 3   | Leap R to R (ct 1); heavy step L in front of R (ct &); leap R onto R (ct 2); heavy step L in front of R (ct &). |
| 4   | Leap R onto R (ct 1); stamp L twice (cts 2, &).   |
| 5-8 | Repeat meas 1-4 with opp ftwk and direction.  |

Note: During this figure, you can yell “op sha sha” during meas 1 or meas 2; or “op sha, op sha, op sha sha” during meas 3-4.

Sequence: Fig I, Fig II, Fig I, Fig II Variation.

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